



Safe People: How to Find Relationships That Are Good for You and Avoid Those That Aren't

Henry Cloud, John Townsend

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Too many of us have invested ourselves into relationships that left us deeply wounded. We've been abandoned or taken advantage of, and left with little to show for what we've given. We've lost our sense of security and personal value in the process. And what's worse, we tend to either repeat the same mistakes of judgment over and over . . . Or else lock the doors of our hearts entirely and throw away the key. Why do we choose the wrong people to get involved with? Is it possible to change? And if so, where does one begin? Drs. Henry Cloud and John Townsend offer solid guidance for making safe choices in relationships, from friendships to romance. They help identify the nurturing people we all need in our lives, as well as ones we need to learn to avoid. Safe People will help you to recognize 20 traits of relationally untrustworthy people. Discover what makes some people relationally safe, and how to avoid unhealthy entanglements. You'll learn about things within yourself that jeopardize your relational security. And you'll find out what to do and what not to do to develop a balanced, healthy approach to relationships.

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From reader reviews:

Robin Blakely:

In this era globalization it is important to someone to receive information. The information will make a professional understand the condition of the world. The condition of the world makes the information easier to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You can see that now, a lot of publisher this print many kinds of book. Typically the book that recommended to your account is Safe People: How to Find Relationships That Are Good for You and Avoid Those That Aren't this guide consist a lot of the information of the condition of this world now. This book was represented just how can the world has grown up. The language styles that writer value to explain it is easy to understand. The actual writer made some research when he makes this book. That is why this book ideal all of you.

Victoria Schwan:

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Theresa Diaz:

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