



There's More in You!: How to Sustain Your Faith in the Midst of Obstacles

Detra D. Wilson

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Have you tried and failed so many times that you want to quit? Does it feel like if it's not one thing it's another? Are you unsure of yourself and what you can actually achieve in life? Are you thinking about changing, but you don't know where to start? Change is a process that requires you to hold onto your faith and push through the struggles in your life. If you are willing to submit to the process, you will discover the potential within you. Let author and experienced life coach, Detra Wilson, help you develop new habits, and a new outlook on life that will empower you to succeed at higher levels in your spiritual life, relationships, finances, work and health. With spiritually grounded principles, you will discover how to: * Overcome difficult obstacles that cause your faith to break down * Develop your self-esteem and confidence * Find peace in the midst of harsh realities * Develop a solution-focused outlook on life * Stay focused on the goals, instead of the problems * Unlock the secret to success that offers you the gifts of joy and peace

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