



# Praying Our Goodbyes: A Spiritual Companion Through Life's Losses and Sorrows

*Rupp Joyce*

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# Praying Our Goodbyes: A Spiritual Companion Through Life's Losses and Sorrows

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## **Praying Our Goodbyes: A Spiritual Companion Through Life's Losses and Sorrows** Rupp Joyce

With 250,000 copies sold, this new edition of Joyce Rupp's most popular book offers a fresh opportunity for readers to reflect, ritualize, and reorient themselves as they navigate life's inevitable changes.

Everyone has unique goodbyes--times of losing someone or something that has given life meaning and value. With the touch of a poet, Joyce Rupp offers her wisdom on "these experiences of leaving behind and moving on, the stories of union and separation that are written in all our hearts." *Praying Our Goodbyes*, Rupp says, is about the spirituality of change.

It is a book for anyone who has experienced loss, whether a job change, the end of a relationship, the death of a loved one, a financial struggle, a mid-life crisis, or an extended illness. It is designed to help readers reflect, ritualize, and re-orient themselves--to help heal the hurts caused by goodbyes and the anxieties encountered when one season of life ends and another begins.

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