



# **Counseling Treatment for Children and Adolescents with DSM-IV-TR Disorders (2nd Edition)**

*Robert R. Erk*

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Designed to give readers a better understanding of children and adolescents who have been diagnosed with an emotional, behavioral, or mental disorder, this book provides a thorough discussion of the most-commonly diagnosed disorders of children and adolescents, and examines the biological, developmental, and environmental causes of these disorders. Disorders are approached from the perspective of the child/adolescent and examined in context; and, each discussion includes practical guidance for assessment and treatment based on the most recent research in the field. To the expertise of the main author are added contributions by several counselor educators, psychologists, and clinicians who directly practice, teach, and focus on key topics addressed in the book. Provides a thorough discussion of the most-commonly diagnosed disorders of children and adolescents, and examines the biological, developmental, and environmental causes of these disorders. Key focus is on psychopathology, DSM-IV, child psychopathology, and child/adolescent counseling. Coverage emphasizes the importance of viewing children and adolescents with DSM-IV-TR disorders within a sound developmental framework. Contains two chapters on treatment planning—one that discusses practical guidelines for planning and one consisting of four case studies. For future counselor educators, psychologists, and clinicians.

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