



# **The Mommy Myth: The Idealization of Motherhood and How It Has Undermined All Women**

*Susan Douglas, Meredith Michaels*

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Taking readers on a provocative tour through thirty years of media images about mothers - the superficial achievements of celebrity moms, the sensational coverage of dangerous day care, the media-manufactured "mommy wars" between working mothers and stay-at-home moms, and more - The Mommy Myth contends that this "new momism" has been shaped by out-of-date mores, and that no matter how hard they try, women will never achieve it. In this must-read for every woman, Susan J. Douglas and Meredith W. Michaels shatter the myth of the perfect mom and all but shout, "We're not gonna take it anymore!"

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