



## **La dieta del amor: Recetas para el amor irresistible y sensual (Spanish Edition)**

*Mabel Iam*

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# La dieta del amor: Recetas para el amor irresistible y sensual (Spanish Edition)

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*La dieta del amor* no es una dieta para bajar de peso o para lucir más joven y esbelta. Es una dieta única, diseñada con el solo propósito de alimentar tanto el cuerpo como el alma, y enseñarte a llevar una vida llena de amor, seducción y placer sexual.

En este libro irresistible encontrarás una serie de "recetas de amor" estimulantes que te ayudarán a construir una conexión más fuerte con tu pareja. También hallarás consejos que te enseñarán a explorar y descubrir tus necesidades físicas, tus sueños y tus más profundos deseos sexuales. Con creativas y divertidas visualizaciones, inspiradoras meditaciones diarias y una guía paso a paso del *Kamasutra*, Mabel Iam te ayudará a conectarte con tu amante a través de un poco de creatividad, magia y mucho amor sensual.

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