

### Silence is Golden: 10 Instantly Powerful Ways To Master Introversion

Kris Hart



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The world is made for those who love to speak up. Those who force you to hear their names. But what about the quiet people?

This book is ideal for all introvert, extrovert, ambivert to become the master in interpersonal and relationship skills.

In this book

- Takes everything you know about introversion and puts it to work for you
- Guides you how to simply and effectively beat extroverts at their own game.
- With 10 simple techniques and overarching strategies this book arms you to be exactly who you want to be and be successful.

By the end of this book you'll know the real-life story of introversion you haven't heard before and you'll be armed to put yourself anywhere on the spectrum whenever you'd like.



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