



Practice Persistence: Applying Perseverance & Discipline to Achieve Your Goals (Don't Quit & Success)

Thelma Barnes

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Have you wanted to persist and persevere so that you can achieve your goals, but you do not know where or how to start?

Right now, you may be on the verge of giving up on one of your biggest dreams. The many challenges, conflicts and obstacles in life may already cause you to lose hope of ever achieving your goals. You may want to persevere in a personal relationship at home or with your partners. You may want to persist in a professional setting at the office or with your colleagues.

Did you know that through persistence, you can push yourself further into your journey of achieving your goals? Did you know that you can start to develop this vital trait in as few as five simple steps? Finally, did you know that with persistence, dreams can truly be made into reality?

If you want to start creating not only simple goals but effective goals, then this book is for you. If you want a way to assess your current situation and how it can either improve or worsen your persistence, then this book is for you. If you want to develop a whole range of knowledge, skills, and attitudes, then this book is for you. If want to sustain your progress so that you can carry on with your new and persistent lifestyle, then this book is also for you.

Here is a preview of what you will learn from this book:

- Finding your passion
- Translating into SMART goals
- Creating confidence
- Building on your strengths
- Addressing your challenges
- Using SWOT
- Knowledge, skills and attitude necessary for practicing perseverance
- Rewarding success
- Accepting failure
- Generating support

Once you have learned the contents of this book, you can apply them in your daily life. When you have practiced them, you can reap the harvest of all your persistent efforts.

Don't wait another minute. The sooner you learn about practicing perseverance, the sooner you can benefit from its lifestyle.

Don't Delay. Download This Book Now.

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