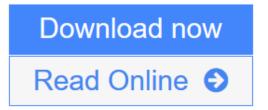


Motivation: The Motivation Bible: Focus, Time Management, Productivity & Positive Thinking (Second Edition) (Self Discipline, Mantras, Mindset, Organizing, ... Study Guide, How To Lose Weight)

Theo Gold



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- ✓ Keep your focus on what you need to accomplish
- ✓ Keep distractions at bay
- ✓ Overcome obstacles and turn them into challenges
- ✓ Set realistic goals and see them to the end
- ✓ Keep your attitude positive and believe in yourself

The Motivation Bible is a book unlike any other book in its class. While there are many books written on the subject of positive thinking and believing to achieve, most of those books fall short of actually giving you the tools to actually succeed in meeting your goals and seeing your dreams fulfilled.

As the author says in the book, it's not just about maintaining a positive attitude (though that is a big part of your road to success), but if you don't take action, your dreams will just remain dreams. You can't move forward by standing still, and this book tells you just how to start moving forward.

The chapters are written in a very friendly easy to understand manner, with real life illustrations and analogies that help to hammer the points home. With each new chapter you are given more tools to overcome those obstacles that keep you from achieving whatever your dream might be.

With clear and concise instructions, the author takes you through a step by step process on starting down the road to success and encourages the reader to start immediately on that road. After reading this book, you will be empowered to finally start on the path of success, by following the instructions and seeing it through. As the author has pointed out, this book will open the door to success, but it's up to you walk through it.

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it, then do what it says and watch your goals move from dreams to reality.

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