



Playing Big: Find Your Voice, Your Mission, Your Message

Tara Mohr

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A groundbreaking women's leadership expert and popular conference speaker gives women the practical skills to voice and implement the changes they want to see—in themselves and in the world

In her coaching and programs for women, Tara Mohr saw how women were "playing small" in their lives and careers, were frustrated by it, and wanted to "play bigger." She has devised a proven way for them to achieve their dreams by playing big from the inside out. Mohr's work helping women play bigger has earned acclaim from the likes of Maria Shriver and Jillian Michaels, and has been featured on the *Today* show, *CNN*, and a host of other media outlets.

Sheryl Sandberg's *Lean In* gave many women new awareness about what kinds of changes they need to make to become more successful; yet most women need help implementing them. In the tradition of Brené Brown's *Daring Greatly*, *Playing Big* provides real, practical tools to help women quiet self-doubt, identify their callings, "unhook" from praise and criticism, unlearn counterproductive good girl habits, and begin taking bold action.

While not all women aspire to end up in the corner office, every woman aspires to something. *Playing Big* fills a major gap among women's career books; it isn't just for corporate women. The book offers tools to help *every* woman play bigger—whether she's an executive, community volunteer, artist, or stay-at-home mom.

Thousands of women across the country have been transformed by Mohr's program, and now this book makes the ideas and practices available to everyone who is ready to play big.

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From reader reviews:

Teresa Hunter:

Spent a free time and energy to be fun activity to perform! A lot of people spent their sparetime with their family, or their very own friends. Usually they accomplishing activity like watching television, going to beach, or picnic from the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? Could possibly be reading a book can be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to try out look for book, may be the e-book untitled Playing Big: Find Your Voice, Your Mission, Your Message can be very good book to read. May be it may be best activity to you.

Wendy Miller:

The actual book Playing Big: Find Your Voice, Your Mission, Your Message has a lot of information on it. So when you check out this book you can get a lot of profit. The book was authored by the very famous author. This articles author makes some research previous to write this book. This book very easy to read you can find the point easily after reading this article book.

Margaret Phillips:

Playing with family within a park, coming to see the marine world or hanging out with friends is thing that usually you might have done when you have spare time, subsequently why you don't try factor that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Playing Big: Find Your Voice, Your Mission, Your Message, you could enjoy both. It is very good combination right, you still wish to miss it? What kind of hang-out type is it? Oh come on its mind hangout guys. What? Still don't get it, oh come on its called reading friends.

Kevin Dobson:

Playing Big: Find Your Voice, Your Mission, Your Message can be one of your nice books that are good idea. Many of us recommend that straight away because this e-book has good vocabulary that may increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The article author giving his/her effort that will put every word into pleasure arrangement in writing Playing Big: Find Your Voice, Your Mission, Your Message although doesn't forget the main place, giving the reader the hottest as well as based confirm resource details that maybe you can be considered one of it. This great information can drawn you into brand-new stage of crucial imagining.

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