



The Healing Runes

Ralph H. Blum, Susan Loughan

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Since the beginning of recorded history, the oracular tradition has been associated with healing and with the Divine. For Ralph H. Blum, the journey toward spiritual and emotional healing began with the 1982 publication of *The Book of Runes*. Since then, millions of people have welcomed the inspiration, guidance and comfort found in his interpretation of an ancient Western Oracle-- the Runes.

At this time in history, a recognition of the relationship between physical health and emotional well-being is crucial. Created specifically to support traditional forms of therapy, healing and recovery, as well as all Twelve Step programs, *The Healing Runes* offers a new interpretation of this sacred oracle for all those whose lives stand in need of healing.

When you are feeling alone or afraid; when you are sick physically or emotionally; or when your best friend is away and you need sound advice-- put your hand in the bag and pick a Rune. And when you are full of joy and praise and gratitude-- pick a Rune. *The Healing Runes* provides comfort for the heart, ease for the body, peace for the mind and nourishment for the soul.

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