

Person-Centered Approaches for Counselors (Theories for Counselors)

Jeffrey H. D. Cornelius-White



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Integrating common factors research and practice, Person-Centered Approaches for Counselors by H. D. Cornelius-White highlights the deep social justice roots of the approaches and shows counselors in training and experienced therapists how to integrate person-centered process and outcome measures to improve therapy outcomes. For each of the person-centered approaches covered (including classical, focusing, emotion-focused, intersubjective, and interdisciplinary orientations) this accessible book covers historical development, theory, process, evaluation, and application. Person-Centered Approaches for Counselors is part of the SAGE Theories for Counselors Series that includes Psychoanalytic Approaches for Counselors by Frederick Redekop and Cognitive Behavioral Approaches for Counselors by Diane Shea.



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