



**Introduction to Massage Therapy (LWW Massage  
Therapy and Bodywork Educational Series)  
Hardcover - January 17, 2007**

*Mary Beth Braun*

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This introductory textbook instills the skills and knowledge needed to become-and excel as-a professional massage therapist. Enhanced by full-color illustrations and photographs, the text integrates functional anatomy, physiology, and pathology with massage therapy techniques and offers extensive 3D anatomical information. Communication, documentation, safety, self-care, and business practices are also covered. This edition features expanded coverage of hydrotherapy, Eastern techniques, sanitation and hygiene, HIPAA, and key topics tested on the National Certification Exam. Other new features include critical thinking exercises and boxes highlighting contraindications to massage or specific strokes. A bound-in Real Bodywork DVD features outstanding video clips of massage sequences

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