



# Be Your Purpose: Ten Steps to the Life You Were Born to Live

*Sean Sullivan*

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Sean Sullivan

## Be Your Purpose: Ten Steps to the Life You Were Born to Live Sean Sullivan

Performance-focused psychologist, Dr. Sean Sullivan, walks you through the steps to mastering your inner life and unleashing your unique gifts into the world in *Be Your Purpose...*

Imagine knowing your life purpose. Imagine the ability to conjure an emotion on demand—infusing yourself with meaning, direction, motivation, and empathy whenever you choose. Imagine what a change that would mean for you.

You don't have to simply imagine. Join Dr. Sean Sullivan on a journey where you actually find your life purpose and live it out, connecting to it at will. There are no bounds to what that can mean. Dr. Sean Sullivan is a clinical psychologist who has worked with Olympic athletes, artists and actors, business leaders, and the everyday person who just doesn't feel fulfilled.

Regardless of the goal, their journeys began with *Be Your Purpose*. Now you can complete the same program from wherever you are sitting right now. You can master the same world-class psychology and brain science process that teaches you how to connect to your unique life purpose and chart a strategic, scientifically based path to your vision—whatever it may be, whatever you want to become.

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