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Worldwide, Dr. Chris Baker is known to health professionals as a brilliant teacher of pediatric and orthodontic dentistry. Her work, however, goes far beyond teaching dentists. Through seminars, books and motivational talks, Dr. Chris shares the secrets of Real life! Real not only contains secrets for life in general, but very important, ground-breaking research on successful diet, child-raising, and lifestyle choices that can revitalize your life, career, marriage and health. These are backed up with citations to current publications and professional journals.

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