



What is Love?: How to Reach Higher Levels of Loving for a Fuller Life

Helen Berg

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“What Is Love?” will take you on a voyage to learn what True Love, Love with a capital “L” is.

You will also discover the ways you may be blocking the very thing you desire.

In the words of Albert Einstein, “problems cannot be solved with the same level of awareness that created them.”

By practicing specific techniques for re-training your mind, you can shift into vibrations that will allow Love to blossom in exciting and wonderful ways. By training your thoughts, and thereby your actions, you can enter a powerful pure paradigm where you are inspired by the highest Love within you.

Because these techniques create different vibrations, you will be able to attract new and positive experiences. How would you like to attract a partner who makes you feel safe, loved and cherished? Imagine your life filled with kindness, truth, caring, healthy desire, thoughtfulness, acceptance and compassion. How would you like your life to be calm, peaceful, nourishing and blissful?

All it takes is courage and the willingness to explore . . .

This book will help you find True Love; the Love that all of us knew when we were babies looking into the eyes of our mothers, before life’s experiences changed this knowing. “What Is Love?” will help you remember what True Divine Love IS so you can nurture it within yourself, and in ALL of your relationships.

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made some research when he makes this book. That is why this book suited all of you.

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