



# HOW TO FIND FRIENDS: A PRACTICAL GUIDE ON HOW TO BE MORE SOCIAL STEP BY STEP!

*John Moore*

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## **HOW TO FIND FRIENDS: A PRACTICAL GUIDE ON HOW TO BE MORE SOCIAL STEP BY STEP!** John Moore

Friendship is much important in our life. Maintaining good friends could be as important as having a relationship and even more...

John Moore has been studying human relationships through his work as a gymnast. He noticed that some kind of people tend to find friends more easily than others do. What was wrong? This book contains his experience and advice to help you cope with lack of friends and be more social in your life.

In this practical guide you will find how to make friends in different stages of your life, what to do and what to take care of.

In the book you will read:

4 questions to recognize good friends

Why you may have no friends

Where to find potential friends and how to make friends with them

How to find friends with common interests

How to make friends online on social networks

How to approach a girl/guy and make friends?

How to keep your friendship

How to form a group of friends

How to get out of an unhealthy friendship

How to be more social at school or college

How to be more social as a couple

How to keep your friends while you are in a relationship

How to make friends while you are married with children

This is John's advice on making friends, reliable and proven tactics to help you be more social than ever!

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