

365 Days to Let Go: Daily Insights to Change Your Life

Guy Finley



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In 365 Ways to Let Go, best-selling author Guy Finley reveals the most beautiful and elegant of these indwelling principles — the Law of Seasons – and the secret story it tells of a Life without end. In four stirring chapters, he gently explains how you can discover and harness the immense powers that serve as the invisible soul of winter, spring, summer, and fall. Each chapter begins with a penetrating explanation of the special purpose expressed through that season, followed by daily meditative insights that show the reader how to align with the power and peace hidden in each day.



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